




# ESPYR COACH

The Student Assistance Program now offers personalized coaching to help students achieve their potential and improve academic success. With six telephonic coaching sessions, students are able to address personal challenges such as time management, study skills, managing relationships and creating a healthy lifestyle at no additional charge.

How to Access Services:

 Visit [www.espyr.com](http://www.espyr.com) and use your password: **ATLTECH1**

 By phone by calling **866-734-5890**

*Established in 1989, Espyr™ is the leading behavioral health company developing innovative solutions for maximizing human and organizational potential. Our solutions cover a continuum of care from chronic and acute health conditions to helping people excel; from restoring well-being to accelerating human performance.*

For more information, visit [www.espyr.com](http://www.espyr.com) or call **866-734-5890**

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